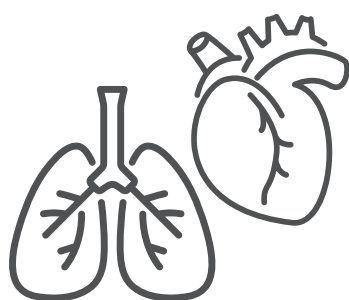


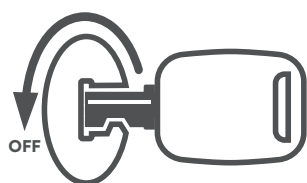
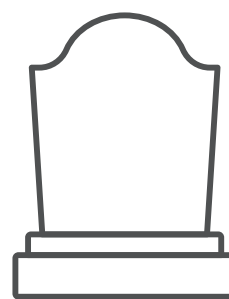
0 kmph can kill

Leaving your car engine running while pulled in or parked for just one minute produces up to **150 balloons of toxic exhaust emissions.**



These exhaust emissions, when inhaled, can travel deep into your lungs and bloodstream, **damaging your heart and lungs.**

In Ireland, air pollution causes **1,600 premature deaths per year.**



The simple step of **turning off your engine** when parked or pulled in can make a big difference.

Protect your health. Turn off your engine.